

# Port Talbot Harriers – Hilly 5M 18/10/15

## Ladies

1. 38.20 Mandy Morris PTH
2. 40.35 Pauline Williams PTH
3. 42.06 Linda Woodland PTH
4. 42.19 Anna Parsons PTH
5. 46.14 Nerys Jones R4A
6. 47.52 Samantha Perrott R4A
7. 49.01 Laura Grey R4A
8. 50.24 CeriAnn Brown R4A
9. 50.51 Cath Courts PTH
10. 64.26 Hazel Wheler PTH

## Men

1. 33.39 Charles Walsh PTH
2. 34.21 Steve Dinham PTH
3. 34.29 Paul Rees PTH
4. 34.55 Jonathan Jarvis R4A
5. 35.33 Daniel Murtagh PTH
6. 35.43 David Kingsland PTH
7. 36.22 Alan Hall PTH
8. 36.43 Oliver Williams PTH
9. 36.56 Llyr Jones PTH
10. 37.15 Geraint Jenkins PTH
11. 37.41 Mark Taylor PTH
12. 38.11 Ian Williams PTH
13. 38.55 Martin Hines R4A
14. 39.26 Bernie Henderson PTH
15. 40.23 Andrew Evans PTH
16. 41.47 Gareth Jenkins Cwm Ogwr
17. 42.27 Lee Jenkins R4A
18. 43.17 Lee Jones PTH
19. 43.24 Paul Roberts PTH
20. 44.15 Alan Perkins PTH
21. 44.25 Alan Furnell PTH
22. 44.37 Andrew Robinson PTH
23. 45.02 Tony Holling PTH
24. 46.03 Gavin Richards PTH
25. 47.15 John Ayres PTH
26. 47.28 Peter Deacon PTH
27. 47.52 Lee Kwok R4A
28. 50.27 Ian Swanson PTH
29. 58.20 Arthur Yarranton R4A
30. 66.39 Ray James PTH