

## Port Talbot Harriers – 1 Mile Race Thursday 14/7/16

### Womens results

1. Claire Walters 6min 9.7sec
2. Mandy Morris 6min 31.0sec
3. Jane Harwood 6min 38.3sec
4. Linda Woodland 6min 44.3 sec
5. Magda Ap Robert 7min 25.3sec
6. Sharon Penhale 7min 30.2sec
7. Jayne Perkins 7min 59.9sec
8. Lisa Pughsley 8min 04.3 sec
9. Clare Sim 8min 04.9sec
10. Jody Francis 8min 19.8sec
11. Julie Williams 8min 49.7sec
12. Cerys Mills 8min 58.6sec
13. Rosie Courts 9min 10.4sec
14. Joanne Juliff 9min 21.4sec
15. Carolyn Foley 9min 27.4sec
16. Vicky Mahoney 9min 31.4sec
17. Ann Thomas 9min 49.0sec
18. Leanne Thomas 9min 52.5sec
19. Paula Phillips 10min 03.4sec
20. Claire Jones 10min 07.3sec
21. Katie Stewart 10min 16.4sec
22. Alison Mort 10min 44.4sec
23. Chloe Finn 10min 46.7sec
24. Tanya Vaughan 10min 57.6sec
25. Kathryn Cunningham 10min 59.1sec
26. Lorraine O'Leary 10min 59.4sec
27. Sian Whitelock 11min 10.4sec

### Mens results

1. Stuart Doyle 5min 27.8sec
2. Mark Hiddlestone 5min 34.3sec
3. Nick Thomas 5min 42.9sec
4. Chris John 5min 49.7sec
5. Chris Lewis 5min 54.4sec
6. Jamey Taylor 5min 56.8sec
7. Cai Pughsley 5min 58.3sec
8. Jamie Lewis 6min 02.6sec
9. Paul Jelley 6min 07.9sec
10. John Young 6min 10.3sec
11. Geraint Jenkins 6min 17.6sec

12. Darren Richards 6min 36.1sec
13. Dave Cornish 6min 36.2sec
14. Mario Rabaiotti 6min 42.7sec
15. Chris Harrington 6min 52.4sec
16. Paul Roberts 6min 53.7sec
17. Darren Vaughan 7min 13.2sec
18. Bernie Henderson 7min 15.8sec
19. Mark Young 7min 17.6sec
20. Steve Williams 7min 19.2sec
21. Evan Smith 7min 27.7sec
22. Matthew Fellows 7min 29.9sec
23. Gareth Evans 7min 34.1sec
24. John Ayres 7min 38.8sec
25. Dennis Haines 8min 0.1sec
26. Richard Scott 8min 08.9sec
27. Ian Swanson 8min 37.4sec
28. Alan Perkins 8min 59.3sec