

## ***Tonmawr Hilly 5 Race Results***

No.	Forename	Surname	Gender	Club	Time	Position	Age Group
101	James	Hockin	Male	West Coast Cycles	29:17	1	SM
66	Dean	Johnston	Male	Neath Harriers	31:04	2	V35
42	Craig	Baker	Male	Port Talbot Harriers	31:48	3	SM
78	Gareth	Poston	Male	Port Talbot Harriers	31:57	4	SM
48	Andrew	Poston	Male	Port Talbot Harriers	32:11	5	V35
72	Gareth	Ayres	Male	Port Talbot Harriers	32:24	6	SM
64	Chris	Fulcher	Male	Neath Harriers	32:43	7	V45
84	Timothy	Williams	Male	Port Talbot Harriers	33:37	8	V40
4	Nino	Gatti	Male	Port Talbot Harriers	34:04	9	SM
41	Andrew	Wright	Male	Port Talbot Harriers	34:11	10	V40
43	Andrew	Davies	Male	Port Talbot Harriers	35:18	11	V40
70	Peter	Malough	Male	Port Talbot Harriers	35:31	12	V35
10	Chris	Lewis	Male	Port Talbot Harriers	35:42	13	V40
18	David	Parfitt	Male	Port talbot harriers	35:59	14	V45
68	Rob	Murray	Male	Port Talbot Harriers	36:20	15	V40
65	Craig	Wilyeo	Male	Port Talbot Harriers	36:25	16	V35
60	Ian	Davies	Male	Caerleon Running Club	36:34	17	V45
57	Paul	Seppman	Male	Port Talbot Harriers	36:44	18	V40
33	James	Lawson	Male	Port Talbot Harriers	36:55	19	V35
75	Steven	Howell	Male	Port Talbot Harriers	36:58	20	V45
89	Ian	Williams	Male	Port Talbot Harriers	37:23	21	V50
11	Andy	Davies	Male	Port Talbot Harriers	37:23	22	V35
28	Jamie	Lewis	Male	Port Talbot Harriers	37:23	23	SM
37	David	Hesketh	Male	Cornelly Striders	37:31	24	V50
108	John	Hopkins	Male	Port Talbot Harriers	37:33	25	V50
59	Jason	Pritchard	Male	Caerleon Running Club	37:35	26	V40
95	Paul	Rees	Male	Port Talbot Harriers	37:47	27	V50
62	David	Morgan	Male	Port Talbot Harriers	38:27	28	V40
2	Mandy	Morris	Female	Port Talbot Harriers	38:43	29	FV40
76	Jason	Massey	Male	Port Talbot Harriers	38:56	30	V40
36	Linda	Woodland	Female	Port Talbot Harriers	38:58	31	FV55
53	John	Young	Male	Port Talbot Harriers	39:02	32	V45
55	Matthew	Anderson	Male	Port Talbot Harriers	39:11	33	V35
27	Leigh	Wallis	Male	Cornelly Striders AC	39:46	34	V35
73	Lisa	Pughsley	Female	Port Talbot Harriers	40:05	35	FV45
85	Ross	Bamsey	Male	Port Talbot Harriers	40:14	36	SM
15	Sarah	Howard	Female	Port Talbot Harriers	40:19	37	SL
80	Richard	Bleaney	Male	RUN4ALL Neath	40:40	38	V35
5	Mike	James	Male	Port Talbot Harriers	41:13	39	V45
45	Andrew	Gardner	Male		41:47	40	V45
22	Garry	Vaughan	Male	Port Talbot Harriers	41:58	41	V35
106	Jamie	Curry	Male		41:59	42	SM

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93	David	Evans	Male		42:13	43	V40
54	Richard	Bowen	Male	Neath Harriers	42:24	44	V70
56	Paul	Adams	Male	Caerleon Running Club	42:34	45	V40
67	Anthony	Rabaiotti	Male	Port Talbot Harriers	42:39	46	SM
69	Christopher	Latham	Male	Port Talbot Harriers	42:45	47	V35
25	Chris	Maund	Male		43:29	48	SM
12	Bethan	Thomas	Female	Port Talbot Harriers	43:43	49	FV40
103	Leah	Treharne	Female		43:50	50	SL
14	Jane	Harwood	Female	Port Talbot Harriers	44:23	51	SL
3	Conrad	John	Male	Port Talbot Harriers	44:33	52	V45
38	Carolyn	Williams	Female	Port Talbot Harriers	44:44	53	FV50
24	Dean	Price	Male		44:57	54	V40
104	Tim	Allen	Male	Port Talbot Harriers	45:08	55	V45
31	Anna	Parsons	Female	Port Talbot Harriers	45:10	56	FV45
19	Kevin	Thomas	Male		45:19	57	V50
99	Paul	Davies	Male	Port Talbot Harriers	45:26	58	MV50
100	Alex	Williams	Male	Port Talbot Harriers	45:26	59	MV50
46	Tanya	Guest	Female	Port Talbot Harriers	45:31	60	FV40
79	Paul	Thomas	Male	Port Talbot Harriers	46:48	61	V55
8	Martin	Hillier	Male	RUN4ALL Neath	46:03	62	V65
7	Jordan	Lane	Male	Port Talbot Harriers	46:15	63	SM
35	Cariad	Margetson	Female	Port Talbot Harriers	46:31	64	SL
87	Alan	Roberts	Male	Port Talbot Harriers	46:38	65	V60
20	Cath	Courts	Female	Port Talbot Harriers	47:07	66	FV45
94	Darren	Vaughan	Male	Port Talbot Harriers	47:20	67	V40
40	Gary	Owen	Male	Port Talbot Harriers	48:47	68	V50
17	Sharon	Penhale	Female	Port Talbot Harriers	48:56	69	FV45
30	Laura	Kennedy	Female	Port Talbot Harriers	48:58	70	SL
107	Josh	Davies	Male		49:13	71	SM
9	Joanne	Juliff	Female	Port Talbot Harriers	49:44	72	FV40
16	Jody	Francis	Female	Port Talbot Harriers	49:53	73	FV35
23	Anthony	Slater	Male		50:11	74	V45
105	Gareth	Evans	Male	Port Talbot Harriers	50:42	75	SM
74	John	Rees	Male		51:02	76	V65
63	Leanne	Morris	Female	Port Talbot Harriers	51:58	77	FV45
71	Paul	Roberts	Male	Port Talbot Harriers	51:58	78	V40
39	Lisa	Phillips	Female		51:58	79	FV50
58	Amy	Seppman	Female	Port Talbot Harriers	52:16	80	SL
49	Jason	Jones	Male	Port Talbot Harriers	52:52	81	MV50
91	Joel	Francis	Male	Port Talbot Harriers	53:07	82	V35
102	Alison	Williams	Female	RUN4ALL Neath	53:46	83	FV45
81	Anthony	Holling	Male	Port Talbot Harriers	54:04	84	V60
92	Michele	Lewis	Female	Port Talbot Harriers	55:21	85	FV45

**Tonmawr Hilly 5  
Race Results**

86	Louise	Hopkins	Female	Port Talbot Harriers	55:21	86	FV40
96	Kayley	Griffiths	Female		57:15	87	SL
34	Linzi	Margetson	Female	Port Talbot Harriers	57:34	88	FV35
61	Clare	Morgan	Female	Port Talbot Harriers	57:34	89	FV35
21	Helen	Griffiths	Female	Cwm Ogwr Running Club	59:02	90	FV45
97	Michelle	Fulcher	Female	Neath Harriers	59:25	91	FV50
90	Ian	Swanson	Male	Port Talbot Harriers	59:53	92	V65
26	Natasha	Mchugh	Female		61:19	93	SL
29	Ann	Thomas	Female	Port Talbot Harriers	62:02	94	FV65
52	Hazel	Wheeler	Female	Port Talbot Harriers	65:50	95	FV45