

Bib	First Name	Last Name	WT	Club	Category	Gender	Age	Swim	Triathlons	Triathlons	Triathlons	Triathlons	Triathlons	Triathlons	Triathlons			
30	Deri	Stewart		Triathlon Coaching Wales	M2039	M	000928	4	00:02:27.40					06:16:57.70	1	00:26:51.40	1	1
61	Jamie	Price	E10141477		M2038	M	000620	2	00:00:19.60					00:17:45.45	3	00:27:25.45	2	1
1	Ben	Bartlett	W1042907	Triathlon Coaching Wales	M1718	M	000924	3	00:02:20.50					00:18:16.25	4	00:29:03.85	3	3
2	Levy	W11712	Triathlon Coaching Wales	M1718	M	000928	3	00:02:20.50						00:18:28.30	4	00:29:23.15	4	3
2	Michael	Lewis	W1033204	Horface Triathlon Club	M2038	M	000931	5	00:00:21.95					00:18:35.60	8	00:28:35.00	5	5
77	Oliver	Thornes	W1073638	Exeter Triathlon Club	M2038	M	001114	22	00:02:27.95					00:17:54.85	2	00:28:40.65	6	2
09	Jones	W1038008		M2038	M	000907	10	00:03:08.95						00:18:30.65	7	00:29:19.95	6	7
11	Lloyd	Jones	W1079828		M1516	M	001044	16	00:00:40.80					00:18:43.30	11	00:30:08.10	8	1
34	Joshua	Wallace	W1045996	Celtic Tri	M1718	M	001021	11	00:02:03.95					00:19:30.70	13	00:30:15.35	9	3
112	Marek	Dawson	W1062525		M1849	M	000914	25	00:03:51.50					00:18:38.65	9	00:21:00.35	8	8
31	Nigel	Gunn	W1097998	Port Talbot Harriers	M2038	M	001142	29	00:00:39.60					00:18:40.50	10	00:31:02.75	11	6
143	Stephen	Perner	W1078889		R	N	001223	44	00:00:30.45					00:18:28.55	6	00:31:25.45	12	1
22	Samuel Louisa	Lenthom	W1032582	Triathlon Coaching Wales	R	N	000926	19	00:00:39.15					00:20:28.30	19	00:32:02.05	13	8
25	Mia	Smith	W1098008	Horface Triathlon Club	R	N	001040	7	00:00:46.95					00:20:43.45	26	00:31:30.10	14	2
98	Mark	Bridger	W1089599	Taff Est. Triathlon Club	M2038	M	001212	38	00:03:01.10					00:19:00.50	12	00:31:34.55	15	2
162	Mark	Cole	W1097920	Port Talbot Harriers	M1849	M	001104	34	00:03:51.50					00:20:16.85	20	00:31:50.45	17	14
13	Alex	Layzell	W1050953	Triathlon Coaching Wales	M1516	M	001030	12	00:02:32.65					00:20:56.45	33	00:31:59.55	17	2
23	Glen	Morgan	W1092615	Baynes Cycling Club	M2038	M	001045	17	00:02:26.20					00:20:55.10	31	00:32:04.15	18	7
115	Jack	Southall	W1018496	Llanelli Swimming Club	M2038	M	000991	1	00:02:26.20					00:22:32.90	71	00:32:33.45	19	3
81	Thomas	Gratham	W10108758		M2038	M	001124	45	00:00:41.75					00:19:34.60	14	00:32:40.00	20	8
78	Paul	Jones	W1059863		M2038	M	001110	21	00:04:23.20					00:20:49.90	28	00:32:42.00	21	9
14	Gareth	Lawrence	W10125563	Brecon Triathlon Club	M2038	M	001213	49	00:04:55.65					00:19:15.45	10	00:33:01.55	22	10
135	Jon	Wickatt	W1054864		M2038	M	001135	25	00:00:34.30					00:21:01.35	34	00:33:10.35	23	3
47	Matthew	Reynolds	W1045998	Port Talbot Harriers	M2038	M	001235	49	00:04:42.40					00:19:59.75	17	00:33:17.60	24	11
58	Jack	Williams	W10122624	Penarth Cycling Club	M1849	M	001141	38	00:03:12.40					00:20:03.15	38	00:33:22.05	25	8
8	Dean	Williams	W10105197	Triathlon Coaching Wales	M1516	M	001037	13	00:00:36.10					00:21:17.50	57	00:33:31.35	26	2
105	Gedwin	Parham	W1036797		M2038	M	001214	41	00:04:47.00					00:20:33.35	23	00:33:34.35	27	4
29	Marc	Fitzgibbon	W1062525		M2038	M	001037	78	00:00:35.40					00:20:35.40	13	00:33:44.95	28	2
14	Daniel	Perkins	W1012333	Cefferly Tri-ets	M1516	M	001233	47	00:00:46.80					00:20:28.25	22	00:33:48.45	29	5
139	Paul	Seymour	W1045183	Port Talbot Harriers	M2038	M	001108	20	00:03:30.10					00:22:09.45	54	00:33:50.45	30	5
10	Domini	Williams	W10122624	Penarth Cycling Club	M1516	M	001128	24	00:03:10.85					00:21:12.85	49	00:33:58.20	31	8
154	Gareth	Norton	W1037600	Cardiff Triathlon Club	M2038	M	001138	26	00:04:43.85					00:21:42.75	42	00:34:04.25	32	2
123	Carl	Singleton	W1003252	Port Talbot Harriers	M2038	M	001252	60	00:03:30.20					00:20:44.45	27	00:34:12.25	33	6
23	Daniel	Evans	W1010619		M2038	M	001215	49	00:03:41.95					00:21:49.45	29	00:34:21.55	34	7
05	James	Gratham	W1070697	Celtic Tri	M2038	M	001255	63	00:00:28.95					00:20:54.00	32	00:34:17.85	35	3
14	Scott	Holder	W1047858		M2038	M	001302	67	00:03:37.15					00:20:39.50	25	00:34:16.65	36	16
18	Carl	Jones	W1036919	Port Talbot Harriers	M2038	M	001141	27	00:05:00.85					00:22:04.85	50	00:34:21.90	37	14
87	Ryan	Perkins	W1059863		M2038	M	001123	79	00:00:49.00					00:20:07.75	18	00:34:21.65	38	17
50	Daniel	Edwards	W1036919	Port Talbot Harriers	M2038	M	001222	43	00:01:00.15					00:21:09.65	36	00:34:31.55	39	36
29	Sarah	Rosamund	W1036919	Port Talbot Harriers	M2038	F	001222	21	00:05:54.55					00:21:47.90	43	00:34:32.85	40	3
180	Jan	Edlwardt	W1127683	Cardiff Triathlon	M2038	F	001337	85	00:00:44.60					00:20:23.10	21	00:34:43.40	41	4
18	Neo	Seymour	W1072851	Triathlon Coaching Wales	M1516	M	001038	14	00:03:24.65					00:21:32.85	84	00:34:44.65	42	1
99	Timothy	West	W1018414		M2038	M	001127	47	00:03:18.95					00:21:11.75	44	00:34:48.05	43	8
84	Marc	Evans	W1018414		M2038	M	001104	19	00:04:43.60					00:21:12.65	76	00:35:00.10	44	20
21	Timothy	Hankinson	W1099299	Pen Treci Triathlon Club	M2038	F	001217	76	00:04:50.40					00:21:12.65	59	00:35:01.85	45	2
11	John	Hickelstone	W1099299	Pen Treci Swimmers Tri	M2038	F	001217	78	00:05:13.75					00:20:49.95	24	00:35:11.45	46	1
33	Piion	Davies	W1093144		M2038	F	001201	77	00:03:32.65					00:22:58.80	73	00:35:22.90	47	2
142	Stuart	Colton	W1036919		R	N	001001	8	00:04:46.50					00:24:45.85	104	00:35:32.50	48	4
179	Michael	Row	W1036919		M2038	M	001252	54	00:00:29.00					00:22:27.85	60	00:36:26.45	49	29
18	John	Steward	W1022775	Cefferly Tri-ets	M2038	M	001336	81	00:00:52.65					00:21:25.85	40	00:36:35.35	50	21
100	Jonathan	Carrick	W1070512	Celtic Tri	M2038	M	001427	99	00:03:45.55					00:20:52.45	30	00:36:55.60	51	8
174	John	Elliott	W1082292	Shepherds Tri	M2038	M	001235	69	00:03:26.85					00:22:20.15	69	00:36:50.95	52	1
230	Sebastian	Bulgin	W1002015	San Domenico	M2038	F	001316	75	00:03:37.50					00:22:12.80	55	00:36:59.90	53	1
14	Martin	Hines	W1036919	Port Talbot Harriers	M2038	M	001353	89	00:01:56.95					00:21:26.20	41	00:36:15.75	54	9
106	Rachael	Jones	W1078080	Celtic Tri	M2038	F	001256	65	00:04:01.10					00:22:04.65	62	00:36:52.10	55	6
12	Lili	Jones	W10131785		F1516	F	001304	70	00:00:48.80					00:22:29.65	61	00:36:22.45	56	1
109	Gen	Rozzi	W1036919	Port Talbot Harriers	M2038	F	001305	71	00:00:46.65					00:22:02.85	62	00:36:52.10	57	6
232	David	Antoni	W118748	Penarth Cycling Club	M2038	M	001256	64	00:00:49.20					00:22:20.15	70	00:36:52.90	58	4
74	Mike	Diano	W1036919	Brecon Triathlon Club	M2038	M	001245	55	00:00:30.85					00:23:16.55	79	00:36:52.90	59	32
15	Cathryn	Williams	W1015773	Port Talbot Harriers	M2038	F	001121	24	00:00:59.65					00:24:21.20	98	00:36:42.10	60	4
173	David	Jones	W1036919	Penarth Triathlon Club	M2038	M	001128	27	00:00:41.20					00:24:19.25	87	00:36:42.95	61	8
107	Edward	Morgan	W103728	Taff Est. Triathlon Club	M2038	M	001146	107	00:00:49.90					00:21:06.60	35	00:36:42.95	62	1
189	Alan	Kerr	W129244	Penarth Triathlon Club	M2038	M	001382	85	00:03:28.90					00:20:09.55	51	00:36:46.80	63	2
124	John	Hodkins	W1098252	Port Talbot Harriers	M2038	M	001130	1	00:01:00.85					00:22:10.85	60	00:36:51.85	64	2
86	Jordan	Lane	W1090225	Port Talbot Harriers	M2038	M	001418	95	00:00:31.40					00:22:09.40	53	00:36:56.60	65	23
80	Gareth	Mearns	W1045998	Port Talbot Harriers	M2038	M	001354	91	00:01:04.80					00:22:00.40	48	00:36:59.25	66	24
214	Paul	Williams	W10102870	Rhondda Triathlon Club	M2038	M	001254	67	00:04:18.15					00:20:48.15	105	00:37:07.85	67	8
136	Chris	Terry	W10106255	Triathlon Coaching Wales	M2038	M	001338	83	00:00:44.20					00:22:46.60	68	00:37:08.35	68	11
116	Rob	Murray	W1088177	Port Talbot Harriers	M2038	M	001436	111	00:03:25.20					00:22:48.20	45	00:37:14.75	69	27
172	Michael	Griffiths	W1034466	Celtic Tri	M2038	M	001274	82	00:01:25.70					00:23:15.70	77	00:37:19.35	70	3
107	Jan	Spinks	W1036919		M2038	F	001415	94	00:01:01.00					00:22:08.60	52	00:37:24.50	71	9
94	Christian	Davies	W1036919		M2038	M	001346	86	00:03:51.90					00:24:14.85	78	00:37:52.60	72	14
17	Michael	Hughes	W1036919		M2038	M	001349	89	00:03:26.85					00:24:26.40	82	00:37:56.60	73	11
99	Leanne	Lewis	W1032177	CRP Tri Club	M2038	F	001247	56	00:00:37.65					00:24:31.95	100	00:37:56.80	74	25
307	Megan	Clements	W1071285	Bath Amphibians Triathlon Club	M2038	F	001432	110	00:00:40.80					00:22:26.00	59	00:37:58.70	75	9
113	Andrew	Elliott	W1071285	Celtic Tri	M2038	M	001415	94	00:01:31.74					00				