



Aberavon Aquathlon Series - Race 3 - Monday 26th August



WAVE 1

Race No.	Title	First Name	Last Name	Gender	Age Group	Club
1	Miss	Megan	Chambers	F	15-16	
2	Miss	Hannah	Jenkins	F	17-19	Triathlon Coaching Wales
3	Master	Nathanial	Harries	M	17-19	Celtic Tri
4	Mr	Wayne	Stott	M	40-49	Nottingham Leander SC
5	Mr	Michael	Lewis	M	20-39	Torfaen Triathlon Club
6	Miss	Eilir	Teagle	F	15-16	
7	Miss	Mia	Smith	F	Relay	Torfaen Triathlon Club
	Mr	Ray	Morgan	M		
8	Mr	Marc	Evans	M	20-39	
9	Master	Finley	Hines	M	15-16	Port Talbot Harriers
10	Miss	Fiona	Bostock	F	15-16	Triathlon Coaching Wales
11	Miss	Sophie	Armstrong	F	17-19	Triathlon Coaching Wales
12	Miss	Sophie	Davies	F	17-19	Triathlon Coaching Wales
13	Mr	Finlay	Catling	M	13-14	Triathlon Coaching Wales
14	Mr	Nicholas	Thomas	M	20-39	Port Talbot Harriers
15	Mr	Jack	Southam	M	15-16	Llanelli swimming club
16	Miss	Cathryn	Williams	F	20-39	Port Talbot Harriers
17	Master	joshua	wallace	M	17-19	Celtic Tri
18	Mr	Craig	Jones	M	20-39	Fit4Tri
19	Dr	Wendy	Hurst	F	40-49	Pencoed Triathlon Club
20	Mr	Lloyd	Jones	M	15-16	
21	Mr	Osian	Williams	M	15-16	Triathlon Coaching Wales





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22	Mr	DOMINIC	Davies	M	15-16	Bynea Cycling Club
23	Master	Neo	Seppman	M	15-16	Triathlon Coaching Wales
24	Miss	Hannah	Bidwell	F	15-16	Triathlon Coaching Wales
25	Mr	Tom	Wright	M	17-19	Bridgend Swim Club
26	Master	Daniel	Perkins	M	15-16	Pencoed Triathlon Club
27	Mr	Nathan	Jones	M	17-19	
28	Miss	Lili	Jones	F	15-16	
29	Miss	Emma	Price-Stephens	F	20-39	Torfaen Triathlon Club
30	Miss	Ffion	Davies	F	20-39	Port Talbot Harriers

WAVE 2

Race No.	Title	First Name	Last Name	Gender	Age Group	Club
31	Mr	Stuart	Colston	M	40-49	
32	Mr	Darren	Chambers	M	40-49	Aberavon Lifeguard Club
33	Mr	Jack	Rees	M	20-39	Pembrokeshire Triathlon Club
34	Mr	Paul	Hemsworth	M	20-39	
35	Mr	Marc	Fitzgibbon	M	20-39	Caerphilly Tri-ers
36	Mr	Matthew	Reynolds	M	20-39	Port Talbot Harriers
37	Mr	Nino	Gatti	M	20-39	Port Talbot Harriers
38	Mr	Mike	Dando	M	20-39	Aim2Tri
39	Mr	Rhys	Perkins	M	20-39	
40	Mr	Gareth	Lawrence	M	20-39	Brecon Triathlon Club
41	Mr	Gareth	Key	M	20-39	Caerphilly Tri-ers
42	Mr	joe	oshea	M	20-39	Port Talbot Harriers





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43	Mr	Alexander	Williams	M	20-39	
44	Mr	Sam	Mahoney	M	20-39	
45	Mr	Gareth	Poston	M	20-39	Port Talbot Harriers
46	Mr	Luke	Dummett	M	20-39	
47	Mr	Daniel	Elward	M	20-39	Port Talbot Harriers
48	Mr	jamie	jones	M	20-39	
49	Mr	Daniel	OConnor	M	Relay	
		Aled	Jenkins	M		
50	Mr	Alex	Aldworth	M	20-39	Caerphilly Tri-ers
51	Mr	Jon	Holland	M	20-39	CRP Tri Club
52	Mr	Ryan	Phillips	M	20-39	Port Talbot Harriers
53	Mr	Cem	Kosaner	M	20-39	CRP Tri Club
54	Mr	Gareth	Meardon	M	20-39	
55	Mr	Joshua	Daly	M	20-39	Bristol & District Triathletes (Bad Tri)
56	Mr	Matthew	Thorne	M	20-39	Triathlon Coaching Wales
57	Mr	Jack	Mountfield	M	20-39	Swansea University Triathlon
58	Mr	Craig	Wilyeo	M	20-39	Port Talbot Harriers
59	Mr	Cameron	Harding	M	20-39	Port Talbot Harriers
60	Mr	Gareth	Yeoman	M	20-39	NEWT
61	Mr	William	Sims	M	20-39	
62	Mr	carl	morgan	M	20-39	
63	Mr	Sam	Glover	M	20-39	Port Talbot Harriers
64	Mr	Thomas	Sims	M	20-39	
65	Mr	David	Ayres	M	20-39	Port Talbot Harriers
66	Mr	Michael	Launder	M	Relay	Port Talbot Harriers
	Mr	Jonathan	Cox	M		
67	Mr	Evan	Thomas	M	20-39	Aim2Tri
68	Mr	Paul	Hill	M	20-39	





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69	Mr	Joshua	Sherman	M	20-39	
70	Mr	Christian	Davies	M	40-49	
71	Mr	Paul	Seppman	M	40-49	Port Talbot Harriers
72	Mr	Christopher	Lewis	M	40-49	Port Talbot Harriers
73	Mr	Jonathan	Carrick	M	40-49	Celtic Tri
74	Mr	Paul	Chappell	M	40-49	
75	Mr	Andrew	Mundy	M	40-49	
76	Mr	Greg	Millard	M	40-49	
77	Mr	Gethin	Parham	M	40-49	
78	Mr	Mat	Jones	M	40-49	Port Talbot Harriers
79	Mr	Michael	Griffiths	M	40-49	Celtic Tri
80	Mr	Ross	Evans	M	40-49	Celtic Tri
81	Mr	Gavin	John	M	40-49	
82	Mr	Andrew	Elliott	M	40-49	Celtic Tri
83	Mr	Craig	Millett	M	40-49	North Dock Dredgers Tri
84	Mr	David	Williams	M	40-49	Celtic Tri
85	Mr	Martin	Hines	M	40-49	Port Talbot Harriers
86	Mr	Richard	Sullivan	M	40-49	Paul popham Running Club
87	Mr	Philip	Davies	M	40-49	Triathlon Coaching Wales
88	Mr	Daniel	Morgan	M	40-49	Pencoed Triathlon Club
89	Mr	Richard	Watts	M	40-49	Triathlon Coaching Wales
90	Mr	John	Hiddlestone	M	40-49	North Dock Dredgers Tri
91	Mr	david	evans	M	40-49	Port Talbot Harriers
92	Mr	Richard	Garratt	M	Relay	Pen-Y-Bont Triathlon Club
	Mrs	Heather	Garratt	F		
93	Mr	Darren	Chapple	M	40-49	Run4All Neath
94	Mr	Andrew	Poston	M	40-49	Port Talbot Harriers
95	Mr	Simon	Bromham	M	40-49	Celtic Tri





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96	Mr	Ian	Birch	M	40-49	Celtic Tri
97	Mr	Rob	Murray	M	40-49	Port Talbot Harriers
98	Mr	Gary	Rossiter	M	40-49	Port Talbot Harriers
99	Mr	Christopher	Jones	M	40-49	Bynea Cycling Club
100	Mr	petr	policar	M	40-49	
101	Mr	Paul	Arnold	M	50-59	Celtic Tri
102	Mr	Martin	Cole	M	50-59	Port Talbot Harriers
103	Mr	Roger	Devonald	M	50-59	
104	Mr	Noelwyn	Daniel	M	50-59	Healthy Life Activities
105	Mr	Greg	Allen	M	50-59	Black sheep tri
106	Mr	Ian	Williams	M	50-59	Port Talbot Harriers
107	Mr	Jay	Sharma	M	50-59	South Wales Police Tri club
108	Mr	john	hopkins	M	50-59	Port Talbot Harriers
109	Mr	Michael	Kearney	M	50-59	Triathlon Coaching Wales
110	Mr	christie	coleman	M	50-59	Cwm Ogwr Tri Club
111	Mr	Andrew	Bostock	M	50-59	
112	Mr	Grayham	Mclean	M	50-59	
113	Mr	Mark	James	M	50-59	Pencoed Triathlon Club
114	Mr	Martyn	Bidwell	M	50-59	NEWT
115	Mr	David	Evans	M	50-59	Cwm Ogwr Tri Club
116	Mr	Andrew	Barry	M	50-59	NEWT
117	Mr	Paul	THOMAS	M	50-59	Port Talbot Harriers
118	Mr	Mario	Rabaiotti	M	50-59	Port Talbot Harriers
119	Mr	mark	brooks	M	50-59	Caerphilly Tri-ers
120	Mr	Mark	Townsend	M	50-59	
121	Mr	Russell Wayne	Williams	M	50-59	Port Talbot Harriers
122	Mr	Kevin	Dalling	M	50-59	
123	Mr	Philip	Murrow	M	60-69	Caerphilly Tri-ers





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124	Mr	Terry	Jones	M	60-69	Triathlon Coaching Wales
125	Mr	Paul	Bennett	M	60-69	
126	Mr	John	Ayres	M	60-69	Port Talbot Harriers
127	Mr	Tony	Clements	M	60-69	
128	Dr	Jon	Hancock	M	60-69	BFunctional

Wave 3

Race No.	Title	First Name	Last Name	Gender	Age Group	Club
135	Mrs	Emma	Gharahlar	F	20-39	Bridgend Swim Club
136	Miss	Rachel	Dauncey	F	20-39	Port Talbot Harriers
137	Miss	Zoe	Mountjoy	F	20-39	
138	Miss	Megan	Clements	F	20-39	Bath Amphibians Triathlon Club
139	Miss	Alice	Mayo	F	20-39	
140	Miss	Kayley	Griffiths	F	20-39	Caerphilly Tri-ers
141	Dr	Amy	Jenkins	F	20-39	Port Talbot Harriers
142	Miss	Natasha	Barton	F	20-39	Cardiff Triathletes
143	Miss	Neve	Pennell	F	Relay	
	Miss	Mia	Allen	F		
144	Ms	Bethan	Morris	F	20-39	Port Talbot Harriers
145	Mrs	Jodi	Pontin	F	20-39	NEWT
146	Miss	Nicky	Savill	F	20-39	
147	Mrs	Amy	seppman	F	20-39	Port Talbot Harriers
148	Ms	Abigail	Summerfield	F	20-39	Pecyn blaidd
149	Miss	Rosie	Quigley	F	20-39	





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150	Mrs	Rhiannon	Thomas	F	20-39	Aim2Tri
151	Miss	Alex	Walsby	F	20-39	
152	Miss	Leah	Morgan	F	20-39	
153	Miss	Hollie	Labunsky	F	20-39	Port Talbot Harriers
154	Miss	Haley	Lawton	F	20-39	
155	Miss	Helen	Griffiths	F	20-39	Port Talbot Harriers
156	Mrs	Rachel	Avon	F	20-39	NEWT
157	Miss	Lisa	Mitchell	F	20-39	Caerphilly Tri-ers
158	Mrs	Rhian	Cuthbertson	F	20-39	Port Talbot Harriers
159	Miss	Jane	Harwood	F	20-39	Port Talbot Harriers
160	Mrs	Rhian	Adams	F	20-39	
161	Mrs	Jade	Minty	F	20-39	Caerphilly Tri-ers
162	Mrs	FRANCESCA	NORRIS	F	20-39	
163	Miss	Jessica	Knight	F	20-39	
164	Miss	Jennie	Griffiths	F	20-39	Celtic Tri
165	Miss	Rebecca	Owen	F	40-49	Port Talbot Harriers
166	Miss	Nicola	Goodwin	F	40-49	Hereford Triathlon Club
167	Mrs	Jayne	Arnold	F	40-49	Celtic Tri
168	Mrs	Lisa	Pinney	F	40-49	Caerphilly Tri-ers
169	Mrs	Claire	Slaughter	F	40-49	Pencoed Triathlon Club
170	Ms	Sian	Mahoney	F	40-49	Celtic Tri
171	Mrs	Louise	Pierpoint	F	40-49	Triathlon Coaching Wales
172	Mrs	Kelly	Owen	F	Relay	Cwm Ogwr Tri Club
	Mrs	Natalie	Griffiths	F		
173	Mrs	Shan	Castley	F	Relay	Port Talbot Harriers
	Mr	Andrew	Humphreys	M		
174	Mrs	Michele	Beales	F	40-49	
175	Mrs	Nicola	Powell	F	40-49	Celtic Tri





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176	Mrs	Samantha	Perrott	F	40-49	Run4All Neath
177	Mrs	Rachel	Gabb	F	40-49	Celtic Tri
178	Mrs	Liz	Davis	F	40-49	Pen-Y-Bont Triathlon Club
179	Mrs	Joy	Williams	F	40-49	Celtic Tri
180	Mrs	Kate	Thomas	F	40-49	Caerphilly Tri-ers
181	Miss	Lisa	Pawluk	F	40-49	
182	Ms	Claire	Willicombe	F	40-49	
183	Mrs	Sharon	Daniel	F	50-59	Healthy Life Activities
184	Ms	Karen	Birdsall	F	50-59	Celtic Tri
185	Ms	Anne	James	F	50-59	
186	Mrs	Jane	Lewis	F	50-59	Torfaen Triathlon Club
187	Mrs	Gill	Sharman	F	50-59	Leighton Buzzard Triathlon Club
188	Mrs	Denise	Bradley	F	50-59	Aim2Tri
189	Mrs	caz	harris	F	50-59	
190	Mrs	Kathryn	Kearney	F	50-59	Triathlon Coaching Wales
191	Ms	Elaine	Rees	F	50-59	Roberttown Roadrunners
192	Miss	Julie	Davies	F	50-59	Lliswerry Runers
194	Mrs	Beverley	Cole	F	Relay	Port Talbot Harriers
		Jamie	Lewis	M		
195	Mrs	Dawn	Evans	F	50-59	
196	Mr	Julie	Brown	F	60-69	Triathlon Redditch
197	Dr	Jacqui	Winter	F	50-59	Tri Energy

