



PORT TALBOT HARRIERS CHAMPIONSHIP RACES 2020



To qualify you have to be a fully paid up member.

If you join after the race has taken place then you will not score points for that race.

Your best 8 results will be calculated to give your final score.

4th January will be your first chance to score points on a park run

27th Nov will be your last chance to score points on a park run

IMPORTANT: You must enter under your own name and have Port Talbot Harriers as your club, if you are running for a charity and let us know before the race takes place you will receive championship points

YOU MUST NOT REPRESENT ANOTHER CLUB/TEAM IN ANY OF OUR CHAMPIONSHIP RACES

West Glamorgan XC - Around The Res - 5.6 Miles - 12th January

PTH Mile - 1 Mile - 2nd April

Tonmawr Hilly - 5 Miles - 3rd May

Swansea Half Marathon - 13.1 Miles - 14th June

Ammanford 10k - 6.2 Miles - 12th July

Off the Tarmac - 5 Miler - 19th July

PTH Half Marathon - 13.1 Miles - 9th August

West Glamorgan XC - Llanmadoc - 4 Miles - Date TBC

Cardiff Half Marathon - 13.1 Miles - 4th October

Richard Burton 10k - 6.2 Miles - 2nd November (TBC)

RUN4ALL 5K Series - Best Race Counts

Best Marathon Time 2020

Best PTH 5k Time Trial Time 2020

Best Gnoll Park Run 2020

Best Swansea Park Run 2020

